

TO: Graduate School, Wright State University
FROM: Roshini Mathew (SS: xxx-xx-0686)
RE: Professional Statement

My goal to become an Acute Care Nurse Practitioner (ACNP) is a logical extension of my lifelong interest in saving lives, helping people, rescuing others, and excelling personally and professionally in all that I do. My desire to become a contributing part of the healthcare profession is sparked from the constant interaction with nurse practitioners I currently encounter while working in the Neurology Intensive Care Unit at Miami Valley Hospital. In the past four years in the critical care setting, I have had the great privilege to watch nurse practitioners serve patients with selfless dedication and spend many unnoticed hours after work, discussing patient care and sharing their thoughts for improvements in the quality of nursing services.

My primary goal as an ACNP is to allow patients to go home in a healthy, and in the best possible, condition. The role of an ACNP will permit me to provide guidance and counseling to restore, promote, and maintain health and quality of life, a goal that is also congruent with those of the ACNP program at Wright State University (WSU). My goal is to focus on the patient and to do everything I can to increase awareness of healthy lifestyle choices. I want to have a high level of interaction with my patients, and my career goal of becoming a Nurse Practitioner will help me to achieve that end. When a patient needs care, no task is beneath me and no challenge is too great.

I want to pursue an advanced care degree in nursing with a concentration in neurology. I began to explore this field of nursing while taking care of both my grandmothers, who deceased from having an acute stroke. As I was getting more involved in their plan of care, I realized not only is the subject of neurology fascinating, but it is also a rewarding experience to care for this patient population. I believe in advancement of lifelong learning and exploration of new

knowledge. My ultimate academic and career goal is to obtain a Doctorate in Nursing. I am interested in continuing my quest for knowledge in the neurology field of nursing by conducting extensive laboratory research. I always approach my studies in such a way that I try to maximize my learning experience, because I believe that our best educated scholar-doctors may one day be able to unlock the doors to some of our deepest medical mysteries.

My academic achievements reveal my high level of motivation as well as my ability to excel in rigorous academic studies, even with competing activities. I graduated from The Ohio State University with a Dual Undergraduate degrees in Psychology (B.S.) and Sociology (B.A.) in 2006. I was not hesitant to continue my schooling after finding a keen interest in nursing by graduating in 2007 from an accelerated, 15-month rigorous BEACON nursing program at WSU. The program is highly competitive and only 20 out of hundreds of applicants are chosen.

I am also involved in many extracurricular activities during my graduate years of study. My passion for helping others is also demonstrated by my volunteer activities. Volunteering my time in medical environments such as nursing homes has given me an opportunity to have contact with patients and has taught me how to be patient, kind, and nurturing. As a volunteer also with Habitat for Humanity, I derive much satisfaction from helping others, and that involvement has cemented my passionate belief that everyone has a right to: 1) receive an education; 2) have adequate shelter; and 3) obtain medical care. In another position as a volunteer in a homeless shelter, I have gained great satisfaction from helping people find safety and solace in an emergency shelter. I have discovered that the health problems of family members were often what led to the financial ruin and subsequent homelessness of many of those individuals.

My decision to choose a career as an ACNP was made with careful consideration. The reality of facing grueling hours of clinical duties, combined with rigorous studies and the emotional risks involved, does not lessen my enthusiasm or my desire. I have a sincere passion in the field of nursing, and I can perceive of no other endeavor that would allow me to contribute so unselfishly to humankind. Physically, emotionally, and spiritually I would find any other profession less fulfilling and challenging.

Principles of honor, integrity, and human kindness guide me in all my life decisions and human interactions, and I am confident that I will one day be a practitioner who will be a credit to the profession, a blessing to the communities I serve, an inspiration to medical staff and hospital employees with whom I would be working, and a source of pride to the institution from which I graduate.

Sincerely,

Roshini Mathew

Roshini Mathew, RN, BSN
ACNP Program Track - 2014